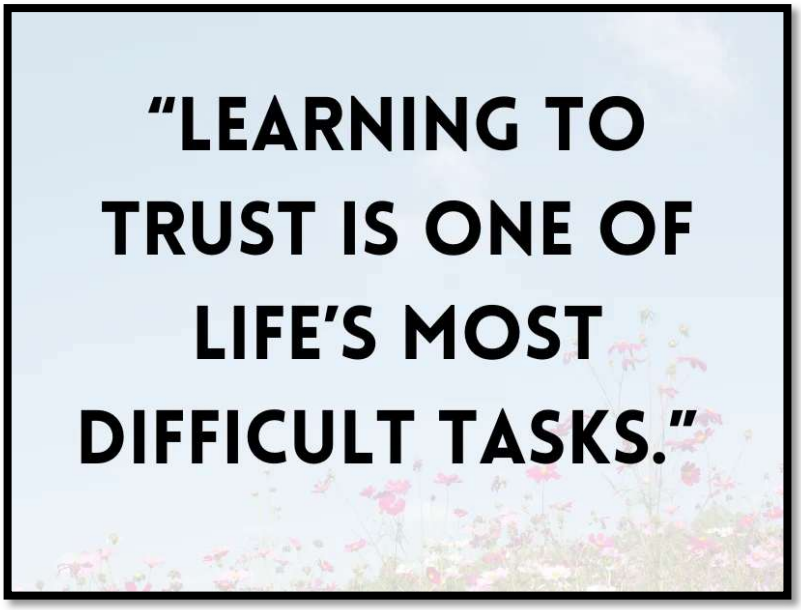
WEEKLY NEWSLETTER

"Honouring CREED and School"

Assembly
Friday
December 11



SCHOOL CASH

Available Purchases:

Popeyes Lunch Thursday, November 19th(Closed)
Grilled Cheese Lunch Monday, November 23rd(Closed)
Pancakes and Sausage Friday November 27th
Grade 1-7 The Cat in the Hat Friday, Nov 20th
Diamond 7 Meat Fundraiser (Due Nov 19)
Community Cookbook

EXTRA CURRICULAR ACTIVITIES



VOLLEYBALL

Sr. Boys: Practice Tuesday and Thursday 5:30-7:30.
Conferences in Medstead Saturday.



Triple Ball

Practices Wednesdays and Thursdays at lunch. Game Thursday in Paradise Hill.





https://topsourceteams.com/collections/hillmond-central-school

UPCOMING DATES & EVENTS





Community Cookbook

For Sale

$20 each.

Available on School CashOnline or Cash at the office.

Powered by Gateway Rasmussen

Mental Health and Substance Use Resources

If you or a loved one are in crisis, call or text 9-8-8 for immediate support. If it is a life-threatening emergency, call 9-1-1.

Below is easily accessible information regarding mental health and substance use concerns.

A list of publicly funded substance use treatment services in Saskatchewan. **Scan here for more information.**

A list of publicly available mental health resources in Saskatchewan. **Scan here for more information.**

Access Saskatchewan overdose prevention resources. **Scan here for more information.**

General information on common mental illnesses. **Scan here for more information.**

saskatchewan.ca Saskatchewan

PROTECTKIDSONLINE.CA™

Parenting in the Online World

Webinars for parents

Register now at:
protectkidsonline.ca/webinar

WEDNESDAY	TUESDAY	THURSDAY	WEDNESDAY
Nov. 18	Jan. 19	Feb. 19	April 7

Operated by the Canadian Centre for Child Protection, ProtectKidsOnline.ca is designed to assist parents/guardians in protecting their children on the Internet and reducing their risk of victimization.

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4 Days | 35 Masterclasses | 4 LIVE Sessions | All Online | All FREE

DAY 1 **The Parenting Questions That Matter Most**
Brains. Behavior. Motivation. Peer Influence. Nutrition & Healthy Development.

DAY 2 **Big Feelings. Brave Kids. Stronger Connections**
Tantrums. Anxiety. Emotional Outbursts. Foster Care. Classroom Struggles.

DAY 3 **Protecting Childhood in a Changing World**
Screens. ADHD. Online Risks. Trauma. Big Tech. Less Play & Independence.

DAY 4 **Raising Resilient Kids During Complicated Times**
Relationships. Social Media. School Avoidance. Stress. Loneliness. Resilience.

Type THRIVE to get a registration link

HAPPENINGS AROUND THE HAMLET



Stitch Night

At the Hillmond Hall

Join us for the evening to work on a craft of your choice while enjoying the fellowship of other crafters. All types of crafters are welcome.
Knitting, great! Crocheting? Fantastic! You want to do diamond art? Come on down!

Fourth Mondays
(Oct. 26,Nov.23,Dec. 28, Jan. 25, Feb. 22, Mar. 22)
7-9pm



Contact Robyn Hunter at 3068210406 for more information